



Developing the abilities of the blind and visually impaired

CAPE TOWN SOCIETY FOR THE BLIND
SPOKESPERSON

FOUNDED in 1929, the Cape Town Society for the Blind (CTSBS) is an innovative, not-for-profit, community-based service organisation situated in Salt River. Our mission is to develop the abilities and skills of blind and visually impaired persons (VIPs), irrespective of age, colour or creed, through innovative training, job development and job placement programmes that facilitate the creation of self-confidence as well as economic independence.

In 1997, the CTSBS embarked on a programme of transforming the society from a purely welfare model to the current capacity-building model. Instead of only providing sheltered employment and career training, a self-sufficiency programme was implemented, whereby trainees were able to create their own small businesses as suppliers to the society.

Training, education and development

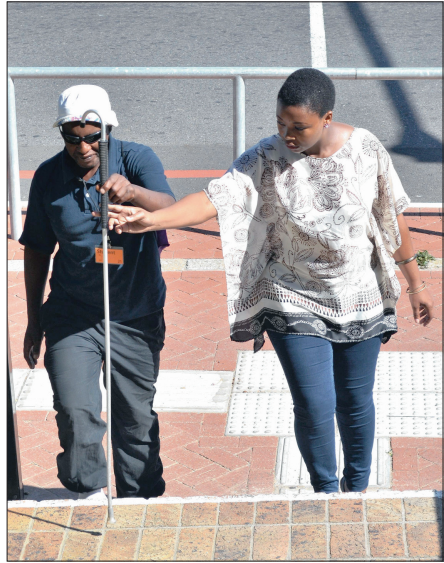
CTSBS provides a broad range of life orientation and skills development training. Courses include basic life skills, business training, public speaking, keyboard orientation, office administration, start your own business, and an accredited, certifiable computer literacy course (better known as the ICCL course). Our entry – exit strategy is designed to provide learners with the necessary tools to become self-reliant and -sustainable.

We are continually developing our training modules to ensure that people who are blind whom we assist are able to compete successfully with their sighted peers in the job market with confidence and the knowledge that they are able to succeed at anything they strive for.

An orientation and mobility practitioner is on site to train our students to live an independent life as far as possible, for example, how to prepare a meal and to use public transport without fear. Our job placement officer assists our successful students with career pathing and placement into the formal sector.

All training at CTSBS is sponsored and learners are given a transport allowance, as well as a meal and refreshments daily.

Craft training includes cane and rug weaving. Our craftsmen and women are renowned



for their brilliant skills in creating from designer wear to repairing the most intricate antique furniture. Located at the CTSBS premises, our showroom is open to the public every weekday.

The high-quality products that are currently available include cane furniture, a beautiful baby furniture range, variety of baskets and household items, as well as woven fabric items. An online shop is available on our website.

Café 45

Our quaint coffee shop, Café 45, is renowned for serving the best coffee and croissants in the area. Light, healthy meals are served daily, and our wait staff are all being trained at CTSBS. The purpose of this exciting new venture was to create sustainable learning and employment opportunities for blind and VIPs by enabling these individuals to acquire and develop skills within the incredibly diverse hospitality industry.

iCore team-building events

This event is designed to raise awareness and discover one's internal core values through an experience where sight is removed through the elimination of light. Our trained facilitator will guide the delegates through a process that will enhance communication and interaction between individuals and groups.

Several venues, including 50-, 80- and 400-seater conference facilities are available for rental purposes by the public. Café 45 is able to provide catering services.

Call 021 448 4302, email info@ctsbs.org.za or see www.ctsbs.co.za



VISION

“No one should have to live on our streets”

MISSION

“To help the homeless back to a home, family and community”

NOTICE OF AGM – 27 September 2014

All members and interested parties please take notice that the
36th ANNUAL GENERAL MEETING
of the
THE HAVEN NIGHT SHELTER WELFARE ORGANISATION
will be held from 10h00 on
Saturday 27th September 2014
at the Haven Night Shelter – Retreat.
Cnr. 10th Avenue and Metaal road, Retreat.

AGENDA

1. Opening Prayer
2. Welcome
3. Adoption of minutes of the AGM held 31st August 2013
4. Presentation of the Annual Reports for approval

Chairman's report

Mr. Terence de Jongh

CEO's report

Mr. Hassan Khan

Treasurer's report

Mrs. Brenda Coetzee

5. Adoption of the Annual Reports
6. Client Testimonies & Presentations
7. Election of members to the Board of Management
8. Announcement of Shelter Committee Representatives
9. Appointment of the Auditors.
10. Vote of thanks

Please confirm attendance by calling Leoni or Waheeda
021 425 4700 or leoni@haven.org.za

Our wish list

Personal (direct client use)

Toiletries: body soap, washing soap, toothpaste, roll on, body lotion, shampoo, razors, toilet paper etc. Face cloths and towels. We make care bags for each one in the shelter and use the group sessions to encourage more people to get off the streets.

Clothing: new underwear, used clothing, walking shoes etc.

Group - Foods: Non-perishable foods like breakfast porridges, milk powder, sugar, tea, coffee, samp, soup mix, beans, rice, lentils, canned

food (eg: fish, baked beans, can veg), peanut butter, jams and soups.

Bedding: Blankets, Single bed sheets, pillows, pillowcases
Other: Towels, Face cloths

Shelter - Physical infrastructure:

Cleaning up the shelters (deep cleaning of bathrooms), sprucing up the bedrooms with bedcovers, bed linen, curtains, repainting etc. Repairs and maintenance (eg retiling, upgrading bathrooms, kitchens, dormitories)

Kitchen:

Cutlery, Crockery, Pots (100L)

Volunteer Other:

- Serve on our shelter committees (about 4 hours per month)
- Volunteer your time or skills to assist staff and clients.
- Run skills workshops for clients.
- Organise activities for clients in shelters.
- Cook a meal for the day.
- Donate food stuffs for a meal.
- Sponsor a client (paying shelter fees, ID etc., give them a job).
- Monetary donations to supplement operational costs and capital costs for shelters.



The Haven Mossel Bay



The Haven Swartland



The Haven "Passport" Home

Rather than giving R5 or R10 to a person on the street, there is a better option. A Haven "Passport" gives a homeless person entry to one of our shelters with access to food, a hot shower, clean clothes, a bed/mattress if available and social workers to help a homeless person to get back to a home, family and community. Passports are available @R10 from The Haven Head Office & Shelters. Thank you for helping to get the homeless back home

The Haven Night Shelter W.O. Head Office 021 425 4700

Website: www.haven.org.za info@haven.org.za
Money in the hands of a homeless person keeps him on the street; real help could get him home, to family and community.

Banking Details:

Account Name: The Haven Night Shelter

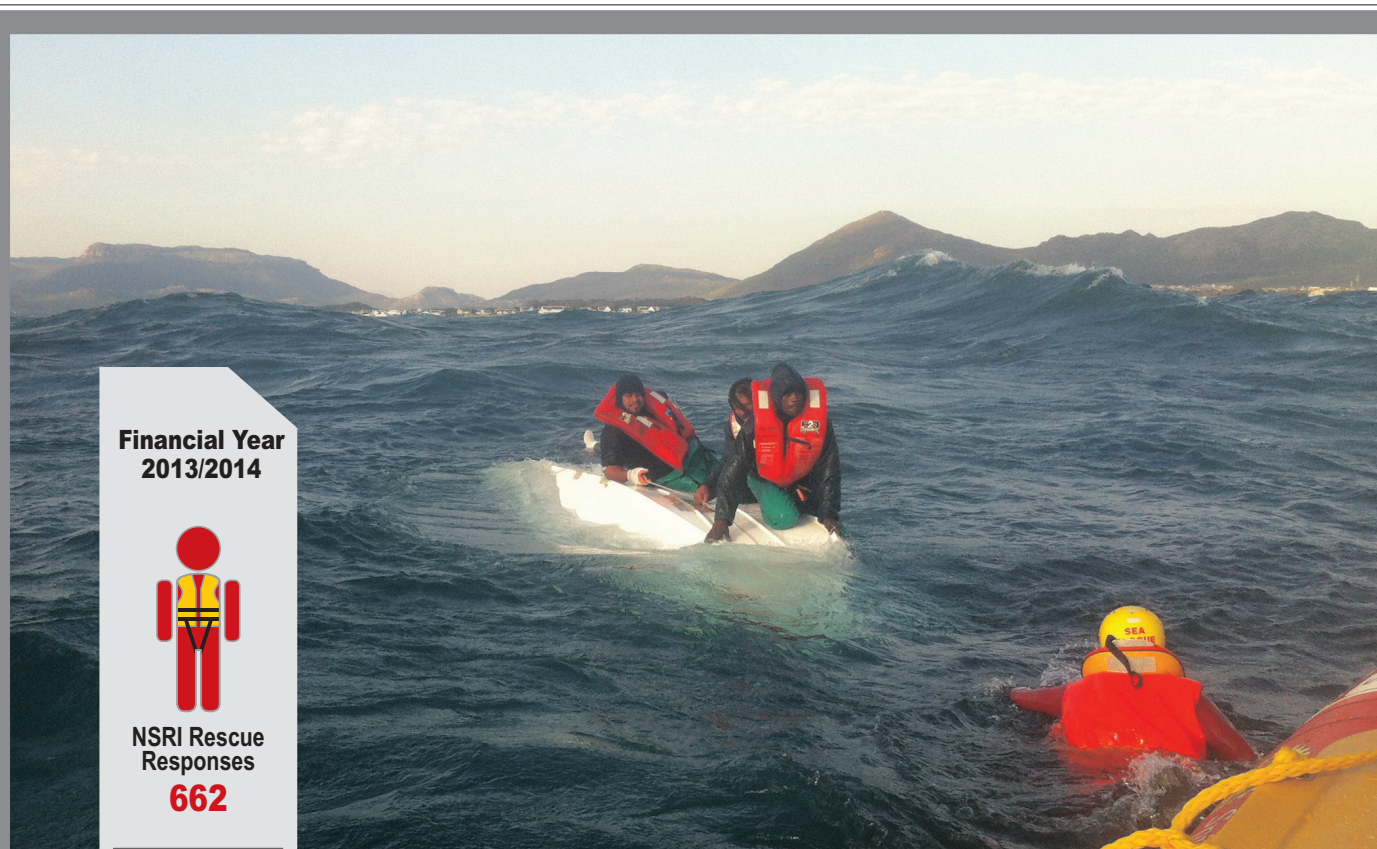
Bank: First National Bank – Adderley Street

Branch Code: 201 409 • **Account:** 500 500 100 04

Tel: (021) 425-4700 • **Fax:** (021) 425-4900

www.haven.org.za

info@haven.org.za



Financial Year
2013/2014



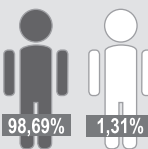
NSRI Rescue Responses
662



Total Persons Rescued
1 131



Number of Learners Taught
181 281



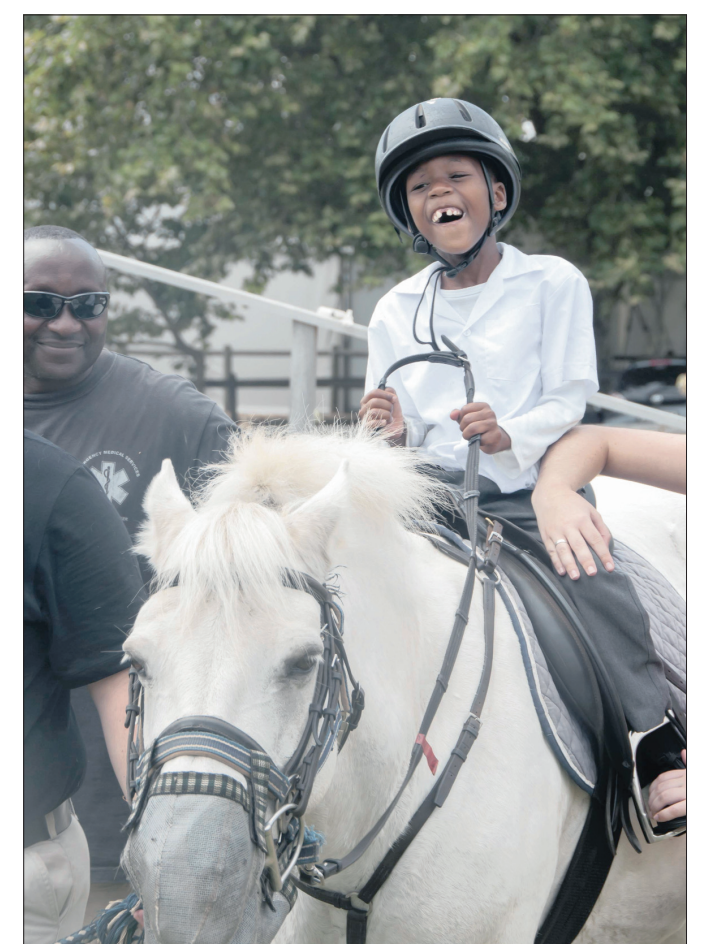
Total Beneficiaries
188 159

It's easy to get lost in the numbers and we pride ourselves in focussing on the individual lives and people we impact. Sea Rescue is a series of stories in people's lives, individuals with a history and a future, with family they love and who love them and a community and country they serve. Like the engineer taken off a container vessel off Port Alfred, the scholar rescued at Wilderness from the surf, the subsistence fishermen plucked from the upturned hull of a small boat near Kommetjie, the rock fisherman swept into the sea at Hermanus, the yachtsmen towed in after a terrible storm in the Rio race or the victims of flooding at a local hospital.

It's about people. It's who we are, it's what we do.

The other 'people' we rescue are the vulnerable and defenceless marine animals that enrich the waters off the coast of South Africa: the massive green turtle washed up at Yzerfontein, the dolphin stranded in Langebaan or the whales in False Bay tangled in fishing line and net. We share their ocean and we pay them the respect of rescue.

Thank you to all our generous donors and selfless volunteers.



Therapy in motion for those with special needs

SOUTH AFRICAN RIDING FOR THE DISABLED SPOKESPERSON

FOR 40 years, South African Riding for the Disabled (Sarda), a non-profit organisation, has provided free therapeutic horse-riding lessons to people living with disabilities. Since its inception in 1973 by Belinda Sampson and Joy Finlay, hundreds of people living with mental and physical disabilities have received therapy from horses, dedicated physiotherapists, equestrian specialists and selfless helpers at Sarda. The association exists as a result of teamwork, with all instructors and helpers volunteering their time and knowledge.

The main objective of Sarda is to provide a fun way for riders with disabilities to reap the maximum therapeutic benefit from their lessons – physically, mentally and emotionally. Qualified Sarda instructors work closely with physiotherapists, doctors and remedial teachers. Today there are branches in Constantia and Sleepy Hollow in Cape Town, as well as in Durban, Port Elizabeth and Gauteng.

Sarda Cape Town is affiliated to the RDA in the United Kingdom and the Federation for Disabled Riding International, and offers rid-

ing lessons to 180 children and adults from 13 special needs schools from the greater Cape Town area.

How can you help?

■ Enrich your and someone else's life by becoming a volunteer. Sarda would not be able to provide its wonderful service without its volunteers.

■ Financial donations – the free lessons all our riders receive are not government funded and are provided for by the tireless fundraising efforts of Sarda volunteers.

■ Watch a Sarda riding lesson in action: visit the beautiful premises of Sarda in Brommersvlei Road, Constantia, and lift your heart and spirits.

■ Become a Sarda rider on two wheels: ride for Sarda in the Pick n Pay Argus Cycle Tour next year. Last year, each Sarda cyclist invited one Sarda rider to receive five riding lessons.

For all of the above, call Bee Lukey at the Sarda office on 021 794 4943 or email capetown@sarda.co.za.

Every Sarda rider is a winner. See www.sarda.co.za and www.savingsarda.co.za.

